When you're struggling with substance abuse, you need a place where people understand your challenges. Mercy Health — REACH Services is that place. Our professionals provide caring treatment and work with adults and adolescents to help you recover and rebuild your life.



Mercy Health — REACH Services

MERCYCREST MEDICAL OFFICE BUILDING

30 W. McCreight Ave., Suite 204 Springfield, OH 45504

> Phone: 937-390-5338 Fax: 937-342-4311

Hours: Mon - Fri 8 a.m. - 7 p.m.

MERCY HEALTH - URBANA HOSPITAL

904 Scioto St. Urbana, OH 43078

Phone: 937-653-3001 Fax: 937-484-6186

Hours: Tue - Friday 8 a.m. - 7 p.m.

No referral required, same and next day appointments available.

Learn more at mercy.com

Mercy Health — REACH Services

Alcohol, drugs and tobacco treatment program







A Catholic health care ministry serving Ohio and Kentucky

Smoking cessation program and tobacco outpatient treatment

Our free innovative cessation program helps many people quit any type of tobacco use, and a licensed, certified therapist leads our highly successful outpatient tobacco treatment programs. Mercy Health — REACH Services also help businesses become tobacco free and offer on-site smoking cessation programs.

Programs include collateral materials, quit kit ideas and personal journals. Free patches, gum and lozenges are also available while supplies last. Call for scheduled programs in Urbana and Springfield.

Prevention and education

Mercy Health — REACH Services provides free community programs to help others avoid alcohol, drugs and tobacco abuse. As part of our service to the community, we:

- Teach children and adults about alcohol, drugs and tobacco
- Give educational presentations for schools, churches and other organizations
- Participate at local health fairs and company programs

Detoxification

Individuals struggling with opiates or alcohol addiction can experience extreme physical discomfort when they stop using. Individuals struggling with addictions often require medical intervention to help with their recovery process. At Mercy Health — REACH Services, we provide the screening process to assist in the journey toward recovery. At the time of screening, our trained staff will assist with scheduling an admission to Mercy Health — Springfield Regional Medical Center. We strive to offer easy access to care by providing same day to next day screenings through a scheduled admission.

Outpatient treatment

With individualized treatment plans and clinical guidance by our qualified, licensed professionals, people with addiction learn to address factors in their lives that contribute to their abuse of alcohol, drugs and tobacco. Details of the treatment include:

- Clinical assessments
- Individual sessions
- Counseling (stress, anxiety, grief, relationships and more)
- Group therapy
- Intensive outpatient programs (IOP) offered on select days
- Telehealth
- Domestic violence and anger management program

Medication Assistance Treatment (MAT)

Medication Assistance Treatment can help sustain recovery. Vivitrol and Naltrexone are some of the medications that are used to help sustain recovery.

Case management and navigation

We offer support to help our patients return to a sober society. This can include:

- Transportation assistance to REACH treatment
- Residential placement assistance
- Free YMCA day passes
- Assistance with medical coverage and connection to support services
- REACH will work with clients to connect them with medical care and support

Financial assistance

Mercy Health — REACH Services accept most major insurances, Medicare, Medicaid and no charge care if eligible. Financial assistance is available to everyone.