

**2019-2020 Academic Year
Mercy Health —St. Elizabeth Youngstown Hospital
Family Medicine Residents**



Stephen Adu-Yeboah, MD

PGY 3 – Chief Resident

Medical School: Ross University School of Medicine

Personal interests: Married with two children, so I spend time with family. We also like church. We watch investigative shows and basketball and soccer.

Why SEYH? “This is a great residency, challenging enough to make you a well-rounded Primary Care Physician, but at the same time, it provides work-life balance.”



Michael Cratsley, MD

PGY 3 – Chief Resident

Medical School: St. James School of Medicine

Personal interests: Playing board games with my friends and family, watching Pittsburgh sporting events, or binge-watching Netflix. Married with baby. Volleyball.

Why SEYH? “I grew up in Pittsburgh, so I was attracted to the program for its proximity to family, but I chose to come to Youngstown because of our hospital’s level one trauma status and overall culture of our program.”



Alberto Arias, MD

PGY 3

Medical School: St. George's University School of Medicine

Personal interests: I like to hang out with my wife and 2 kids. Another of my favorite things to do is listen to talk radio and watch sports.

Why SEYH? "The best thing about the residency is the vast experience you get in outpatient family medicine. Patients of all ages present with a variety of complaints and pathological processes that cover the full spectrum of family medicine."



Andrea Hastings, MD

PGY 3

Medical School: St. George's University School of Medicine

Personal interests: married with 2 children. Gym, travelling, music

Why SEYH? "Camaraderie between residents."



Armani Orihuela, MD

PGY 3

Medical School: Medical University of the Americas

Personal interests: Married. I like to go to the gym, play video games and read.

Why SEYH? "Midsize city with a Hispanic patient population... Variety of patients coupled with a great support system from the faculty and staff."



Abdul Al Hout, MD

PGY 2

Medical School: St. George's University of London

Personal interests: I like to play the drums and soccer. I am married.

Why SEYH? "I wanted to experience a relatively underserved area and be exposed to pathologies."
- "lots of hands-on exposure"
- "very supportive faculty"



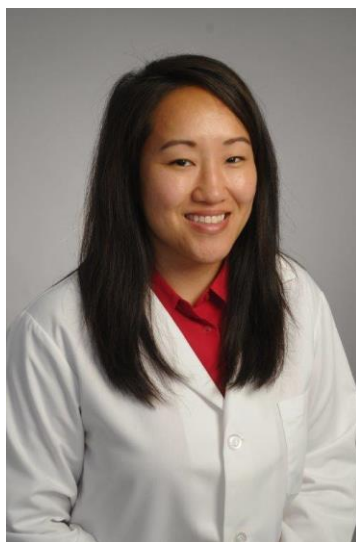
Quincy Chopra, MD

PGY 2

Medical School: St. James School of Medicine

Personal interests: Outdoor activities with snowboarding & kayaking. Exploring the region; breweries, and wineries, parks and hiking trails.

Why SEYH? "One-on-one attention by faculty to residents. Resources to care for my patients from primary care to specialists. Care for community. Access to specialists for learning."



Nina Shearer, MD

PGY 2

Medical School: Medical University of the Americas

Personal interests: I love cooking, playing video games, reading and fishing.

Why SEYH? "I love that the program here is unopposed in women's health...the program is willing to work with any interest you have in the FM realm; whether that is going on to set you up for a fellowship or to gain as much experience in the field of your choice in case fellowship isn't the plan."



Anuj Singh, MD

PGY 2

Medical School: Mahatma Gandhi Memorial College and Hospital

Personal interests: Goal of becoming a teacher in the field of medicine. Learning to cook new cuisine/recipes, portraiture and food photography and reading (mainly non-fiction) spiritual, psychology/behavior books and anything which interests me on a particular time is my idea of indulgence.

Why SEYH? “Highly skilled faculty, challenging patient diversity and family.”



Amrita Dhanoa, MD

PGY 1

Medical School: American University of Antigua College of Medicine

Personal interests: Outdoor nature hikes, working out, & learning about new cultures and cuisines. I love to spend time with my family and our standard poodle-Milo.

Why SEYH? “Friendly teaching faculty”



Clare Rech, MD

PGY 1

Medical School: Lake Erie College of Medicine

Personal interests: hiking and outdoors activities. Music, reading, snowboarding, crafts/Pinterest. I have a dog and cats.

Why SEYH? “I like the aspects of following up with newborn patients and inpatient psych patients in the outpatient setting. I also like the potential for medical missions. It was good to return home.” “This program feels like a family.”



John Tomich, MD

PGY 1

Medical School: Northeast Ohio Medical University

Personal interests: Spend time with family & friends. Listen to music. Play piano.

Why SEYH? “Rotated here as a 3rd year medical student and fell in love with the program. Enjoyed working with the faculty & residents. Everyone loves to teach. Excellent patient population to learn to manage multiple comorbidities.”



Natasha Wolf Pacheco, MD

PGY 1

Medical School: Ross University School of Medicine

Personal interests: fitness, working out, mountain biking, hiking, snowboarding

Why SEYH? “...The residents were amazing and super welcoming during my interview and so was the faculty. From the interview I felt like I could fit in to this program and I didn’t get that in any other interview. It also helps that the hospital is a level 1 trauma center with great reputation and a well-established residency program that proved to have tons of potential for learning and experiencing first hand with lots of pathology and diversity.”