



Mercy Defiance Hospital 2014-2016 Community Health Needs Assessment Implementation Plan

IDENTIFYING INFORMATION

Hospital Name: Mercy Defiance Hospital (MDH)

Primary Address: 1404 E. Second Street, Defiance, OH 43512

Implementation Strategy Tax Year: 2014

Tax Identification Number: EIN-02-0701635

Chief Executive Officer: Chad Peter

Report Preparer: Sr. Dorothy Thum, RSM, Senior Vice President, Missions & Values Integration

Date Implementation Strategy Approved by the Board: **08-22-2013**

Introduction

Mercy Defiance Hospital (“MDH”, “Hospital”) is the newest addition to the Mercy family. The facility includes a 23-bed progressive care unit, inpatient and outpatient surgery department and emergency center. Every decision that MDH makes is centered on staying in accord with the Hospital Mission.

HOSPITAL MISSION STATEMENT

MDH, a member of Catholic Health Partners, has the following Mission:

Mercy extends the healing ministry of Jesus by improving the health of our communities with emphasis on people who are poor and under-served.

Mercy’s Mission and culture are expressed through the organizational core values:

Compassion

Our commitment to serve with mercy and tenderness

Excellence

Our commitment to be the best in the quality of our services and the stewardship of our resources

Human Dignity

Our commitment to value the diversity of all persons and to be respectful and inclusive of everyone

Justice

Our commitment to act with integrity, honesty and truthfulness

Sacredness of Life

Our commitment to reverence all life and creation

Service

Our commitment to respond to those in need

Prioritization of Health Needs

MDH is a key stakeholder and partner of the Defiance County Strategic Planning Committee, a collaborative strategic planning process involving many community agencies and coalitions from various sectors, developed a Community Health Needs Assessment (“CHNA”) conducted for Defiance County to assess and identify the Health Needs of the community. The detailed process, participants and results are available in MDH’s Community Health Needs Assessment Report which is available on Mercy’s website.

This Implementation Plan will specify solutions that MDH has chosen to implement that will help address the community needs identified by the CHNA, as well as which community needs MDH will not address and explanation as to why we will not address them.

The Defiance County Strategic Planning Committee completed an exercise where they ranked the key issues facing the county based on: the magnitude of the issue; seriousness of the consequence; and the feasibility of correcting the issue. A total score was given to each priority, with a maximum score of 30. All committee members’ scores were combined and then average numbers were produced. Based on these parameters, the group decided to focus on the following three issues: adult and youth weight control, youth safety (bullying and suicide) and youth risky behaviors (sexual behavior, alcohol use/binge drinking, tobacco use, and inhalant use). The results were sent out to the full committee for approval.

The following 4 priorities have been identified by the Defiance County Strategic Committee as the most pressing health issues for the Defiance County community:

1. Decrease Adult and Youth Obesity

To decrease youth and adult obesity-related behaviors, Defiance County will focus on the following target impact areas:

- Increase consumption of fruits and vegetables
- Increase exercise

- Decrease sedentary behavior

To work toward decreasing youth obesity, the following action steps are recommended:

- Implement a healthier choices campaign, which will lead to increased fruit and vegetable consumption
- Increase opportunities for youth to engage in physical activity and decrease sedentary behavior

To work toward decreasing adult obesity, the following action steps are recommended:

- Implement a healthy vending campaign, which will lead to increased fruit and vegetable consumption
- Update and disseminate community wellness guides and calendars that contain information about walking trails, sports programs, and exercise and nutrition programs available in Defiance County
- Increase opportunities for businesses/organizations to provide wellness and insurance incentive programs for their employees
- Increase community gardens

2. Decrease Youth Depression and Suicide

To decrease youth depression and suicide, Defiance County will focus on the following target impact areas:

- Increase awareness and screening
- Expand current programming

To work toward decreasing youth depression and suicide, the following actions steps are recommended:

- Increase awareness of available mental health services
- Create a network of follow-up support systems
- Expand evidence-based programs targeting youth
- Increase the number of primary care physicians who screen for depression during office visits

3. Decreasing Youth Bullying

To increase decrease youth bullying, Defiance County will focus on the following target impact areas:

- Increase evidence based programming with youth
- Educate parents

To work toward decreasing youth bullying, the following actions steps are recommended:

- Implement the Olweus Bullying Prevention Program in Defiance County Schools
- Implement evidence-based parent programs

4. Decrease Youth Alcohol Use

To decrease youth alcohol use, Defiance County will focus on the following target impact areas:

- Decrease alcohol use
- Educate parents
- Increase awareness of programs

To work toward decreasing youth depression and suicide, the following actions steps are recommended:

- Increase awareness of available mental health services
- Create a network of follow-up support systems
- Expand evidence-based programs targeting youth
- Increase the number of primary care physicians who screen for depression during office visits

Addressing the Prioritized Needs of Defiance County

MDH's leadership has developed the following Implementation Plan within the context of the hospital's overall strategic plan, and the availability of finite resources. The Plan identifies specific activities and services that directly address Defiance County health priorities, and are intended to positively impact the communities it serves.

Decrease Adult and Youth Obesity

Implementation Activities:

- In cooperation with WorkMed, the occupational health program at Mercy Defiance Clinic, collect baseline data on businesses and organizations offering wellness and insurance incentive programs to employees. Provide partnership opportunities when and where appropriate.
- Develop information on the benefits of engaging employees in free or subsidized evidence-based programs. Determine the best way to share this information with business leaders, e.g., via an electronic newsletter, developing a presentation for Defiance service clubs (Rotary, Lions, Optimists, Zonta), or a series of seminars with speakers, a collaboration with other interested agencies, e.g., Defiance College, Defiance Y or Chamber of Commerce. Provide partnership opportunities where appropriate.
- Increase the opportunities for families and individuals, both those who reside and those who work in the Mercy Defiance neighborhood, to engage in healthful walking by creating a walking trail on the Mercy Defiance property that can be linked to the already established walking trail on the adjoining Defiance County East property.

Decrease Youth Depression and Suicide

Implementation Activities:

- Make evidence-based tools, PHQ-2 (initial 2-question patient health questionnaire) and PHQ-9 (follow-up 9-question patient health questionnaire for patients meet the PHQ-2 threshold for additional questions) readily available to Mercy Defiance Clinic providers.
- Report our baseline data to Kathy Helmke and Pam Pflum.
- Increase awareness among MDH providers and staff at both the Clinic and Hospital of the incidence, the risk factors and symptoms of teen depression and suicide and the resources available for treatment via electronic dissemination of information, printed materials, and presentations at staff meetings.

- Make the informational brochure about local mental health services that is being developed by the county agencies available in MDH and Mercy Defiance Clinic for patients and their families. These would include:
 - Schedule presentation of the program being developed by the county for Mercy Defiance providers, managers, and supervisors at regularly scheduled meetings.
 - Post the county's informational brochure and presentation slides on Mercy's internal web pages for easy access to these listings of resources by staff.
 - Develop youth safety information boards or racks in MDH and Mercy Defiance Clinic with information relevant to reducing all four CHNA concerns for youth: obesity, suicide, bullying, and alcohol abuse.

Decreasing Youth Bullying

Implementation Activities:

- Develop youth safety information boards or racks in MDH and Mercy Defiance Clinic with information relevant to reducing all four CHNA concerns for youth: obesity, suicide, bullying, and alcohol abuse.
 - MDH will also support his effort by making this information available to all Mercy Defiance Clinic providers and employees.

Decrease Youth Alcohol Use

Implementation Activities:

- Develop youth safety information boards or racks in MDH and Mercy Defiance Clinic with information relevant to reducing all four CHNA concerns for youth: obesity, suicide, bullying, and alcohol abuse.
 - Mercy Defiance Hospital will also support his effort by making this information available to all Mercy Defiance Clinic providers and employees.
- MDH will support the effort of the Secure a Drug-Free Communities Grant by supporting the grant application; if a lead agency is chosen MDH will actively participate in the coalition.
- MDH will study screening all persons, age 14 and above, treated in its Emergency Room for alcohol abuse and will provide the appropriate information and referrals when abuse is indicated.

Implementation and Monitoring Responsibility

Within MDH, the Senior Vice President of Missions & Values Integration and the appointed responsible parties will have primary responsibility for monitoring and tracking the Implementation Plan. An annual report will be published and provided to the Board of Directors and made available on Mercy's website. In the future, MDH will be providing annual updates to the Implementation Plan at the end of fiscal years 2014, 2015 and 2016. In 2016, it will update the Community Health Needs Assessment.