Administrator’s Corner

Hello Everyone,

I would like to express my special THANKS to all of the residents and families, also to the staff, who have been so very understanding and are working with us on getting through this very difficult time. I want to assure you that the staff and I are doing our very best to make it a happy place here at Oakwood. Please “Like” Oakwood Village on Facebook to see pictures of the things we are doing and also keep updated on how you can set up a virtual visit with your loved one. We have had the ice cream cart going around, music from Larry, who drives the bus but is awesome at playing the guitar, I will be playing piano in all areas, the Activities Department has been doing virtual visits, which the residents think is so cool! One of our residents got to see their grandson the other day from a different state and they were overjoyed!

Life here is very different for us also as we have to adjust to distributing trays for all meals for Healthcare and Transitions Rehabilitation; those that return from the hospital have to stay in their rooms for 14 days and all residents are assessed daily for signs and symptoms; temperatures are taken daily in Healthcare, Assisted Living, and Transitions Rehabilitation. Residents who are not on 14-day watch are allowed to go in and out of their room, sit in the atrium, watch the birds, fish, and TV in the open areas, take walks in the courtyard on nice days, and sit with friends at a distance of 3-6ft. Activities staff has been going to rooms, playing games, sitting with residents, and doing one to one crafts. We also take the temperature of all staff in all departments daily and a screening is done upon their arrival to work. I am so proud of how quickly everyone has adjusted and worked so hard to implement these regulations and orders given by our Governor. I know that all this has brought great change, but I assure you we are taking extra precautions and doing extra cleaning on wheelchairs, handrails, high touch areas, and rooms to keep our residents and staff as healthy and safe as possible.

I want to leave you with a summary from a devotion I recently read that has helped me the last few days, “God gives us grace (ability and strength) for one day at a time, so it’s unwise to look too far ahead in life. If we do, we’ll feel overwhelmed about everything we have to do. When we take time to look back at what God has already brought us through and what He has enabled us to do already, we can be reminded that He will help us get through those things that lie ahead. We are stronger than we think! God is in you, He is for you and He will never leave you or forsake you, so love courageously and always remember God is your strength!” May God bless and keep all of you!

Let’s keep Oakwood Village residents, families, and staff from all parts of our campus and all healthcare workers in our daily prayers.

— Annette Turner, Executive Director of Oakwood Village

National Healthcare Decisions Day

National Healthcare Decisions Day is on April 16th. This day is to educate and empower the public and providers about the importance of advance care planning. This initiative is to encourage the community by expressing their wishes regarding healthcare and for providers and facilities to respect those wishes, whatever they may be.

Advance care planning is so important and is just not for the elderly or those with severe illness. Health crises can happen to anyone at any time.

To obtain a guest speaker on this topic or obtain an informational packet on Ohio’s Advance Directive Forms Living Wills and Durable Powers of Attorney for Healthcare call Sandy Chinn at 937-523-8029.
This message brought to you by Skype & FaceTime!!!

If you would like to arrange a time to Skype or FaceTime your loved one, please call 937-390-9000.

If your loved one is in Independent Living or on the West Hall in the Health Center, please call and speak with Millie Korb.

If your loved one is in Transitions Rehabilitation or Assisted Living/Memory Care, please call and speak with Kristen Dennis.

If your loved one is in the Health Center on the North or East Hall, please call and speak with Donna Spellman.

We are doing our best to keep the residents happy, and most importantly healthy. Thank you for your cooperation in this, especially when information is changing daily. Continue to follow us on Facebook.

Volunteers Make The World Go Round

Thank you to our Oakwood Village Volunteers for their continued commitment to our residents throughout our campus! Residents, employees, families, friends, ministers, youth organizations, schools, churches and so many more are bringing their own talents and skills to share with others. We greatly appreciate each and every one of our volunteers for all the time and efforts that enhance the lives of our residents and as a ministry. If you are interested in learning more about the opportunities to volunteer at Oakwood Village, please call 937-390-9000.

Breakfast Club Update

Join Us For The Monthly Breakfast Club In The Independent Living Dining Room On The Third Wednesday Of Each Month. We Cordially Invite Our Independent Living Residents As Well As Our Friends In The Community For A Complimentary Breakfast And What Is Sure To Be An Enjoyable Presentation!

Wednesday, April 15th at 8:30 am—Senior Lieutenant Officer Korge Mori, for Battalion A of the City of Springfield Fire Division, will speak about Drug Neutralization & Disposal Bags as well as the EMS File of Life and more. Please join us for “Coffee With Your Local Fireman”.

Wednesday, May 20th at 8:30 am—Tracey Wickham, of Clark County United Senior Services, will speak about their programs and events such as group day trips and more.

Wednesday, June 17th at 8:30 am—Christina Walters, of The Springfield Peace Center, will speak about how the Peace Center was founded as well as share about their yearly camp. She will share photos and testimonials of their activities and programs.

We hope to see you there!
— Emily Hammond, Resident Services Coordinator

Upcoming Special Meals

We will be having Easter Lunch on Sunday, April 12th, Mother’s Day Lunch on Sunday, May 10th, Memorial Day Lunch on Monday, May 25th, and Father’s Day Lunch on Sunday, June 21st.

If you would like to make reservations, please call our automated voicemail at (937) 523-8094 and leave a message with the residents name, location, and how many guests that will be attending. There is a charge of $10 per guest which can be paid to our business office anytime during regular business hours.

We do have party rooms available for our residents and families to use for their special events. If you’d like to speak to someone about the availability of these rooms, please call Dylan at (937) 523-8026 and he can assist with your needs.
Spiritual Moment

The Atheist’s Dilemma, Part 2

As we continue exploring the Atheist’s dilemma, last month’s article dealt with the issue of true love as God defines it. For a person to wholeheartedly love God, she or he must have the choice to reject God. As noted in Genesis’ opening chapters, the first man and woman freely chose a rejection of God’s warning. Therefore, increased suffering and death has become the harsh reality of our existence. The previous article and this opening are the answer from the Christian perspective as it relates to suffering and death. Now, how does the Atheist answer his dilemma regarding the reality of suffering and death?

Through numerous conversations with Atheists, I would receive the reply that, “When someone dies, that’s it! They are placed in the grave and there is nothing else to say.” If there is no God and no afterlife, then this answer is logical. However, we are not seeking only a “logical answer” but more so what to do with pain, suffering, and death? What is the Atheist’s response to a grieving young mother who lost her 10-month-old baby to Sudden Infant Death while her grandfather celebrates his 90th birthday? It appears, the Atheist worldview only has a colder and much more cruel answer echoing in his heart. The baby is simply returned to dust with “nothing else to say.” The Christian answer has much more to say. This precious newborn has all of eternity to live in joy and warmth. Consequently, the eternal is the greatest challenge for the Atheist’s critique of Christianity and other Deistic perspectives.

It seems the issue of suffering and death is far more difficult to process within the Atheistic mind. The death of a newborn “cheats” this child from growing up and growing old with no afterlife to speak of. So, how does the Atheist answer the profound emotional dilemma where an infant dies and an elderly man thrives? Within the Christian faith, the newborn and elderly man both have eternal life available for them which cannot be added to or subtracted from. Within Atheism, the newborn received 10 months and the elderly man received 90 years and counting. Where is the logic or equity within this comparison? I don’t know. I do know that as we prepare our hearts for Easter, we can with great joy spend time reflecting on Christ’s great love for us where he suffered and died on our behalf. Not only do we have hope to carry with us in this life, we have hope to carry us into eternal life. AMEN.

— John McLeod, Spiritual Care Coordinator

Spiritual Care Note

April 1 until May 1, we will be accepting pre-order sales for our annual Mother’s Day Flowers fundraiser. You will get first pick upon delivery of flowers on Monday, May 4. The flower sale runs from May 5th to 7th and doors open to the public from 9am-4pm and the sale will be held in the Community Room. For more information, please contact John McLeod at (937) 523-8040.

Mission Quarterly Donations for April, May, and June are non-perishable food items.

Safety Awareness Education

Happy Spring! While spring weather brings wonderful sights such as flowers, green grass and children playing outside, it can also bring storms and bad weather. Each year we practice tornado safety with the staff and speak with the residents on the precautions we take when storms are a possibility. When the National Weather Service issues a watch or warning, we serve meals to the residents in their rooms to avoid possible storm related injuries. This way, no one will be sitting in a dining room with large windows should the wind pick up.

The licensed areas which are the Health Center, Transitions Rehabilitation, Memory Care and Assisted Living are staffed with employees that are trained in tornado safety and will assist the residents in where to go and what to do.

Independent living residents should all have a paper on tornado tips which are suggestions of what to do if a storm/tornado watch or warning is issued.

When a watch or warning is issued, a one-call is sent out to all Independent Living residents to notify you. Please feel free to ask any questions concerning tornado safety as we want everyone to feel safe during this time of year.
Honoring our Nursing Staff

Each year we honor the nursing staff who serve our residents daily with compassion, skill and tenderness.

The nurses (Registered Nurses and Licensed Practical Nurses) are honored on National Nurses’ Day annually which marks the beginning of National Nurses Week. This day is to recognize the contribution nurses make to our world and to provide recognition and thanks. National Nurses week ends on May 12th which is the birthday of the original founder of modern nursing, Florence Nightingale.

State Tested Nurses’ Assistants (STNA) week is celebrate annually beginning on Thursday, June 11 through Thursday June 18, 2020. The concept of the State Tested Nurses Assistant was developed in the 1980’s. Each STNA must complete a 75-hour curriculum approved by the Ohio Department of Health and successfully pass a certification test. This certification affords the STNA learnings of basic nursing procedures and care. As the STNAs provide direct care, they can connect and become very close with the residents, knowing their routines and wishes, enabling the residents to self-direct their care.

Oakwood Village employs 37 full time and part time nurses and 49 full time and part time STNAs. 11 nurses and 26 STNAs are used as needed to supplement staffing. Please help us celebrate these staff members by thanking them for their hard work during their week of recognition!

Wellness Education

April – Keeping the Keys

By 2030, there will be more than 30 million older adult drivers who will be sharing the road. Are you safe to continue driving? Please join Laney Medvescek, Wellness Coordinator, to determine if you should hang up the keys. In this healthy learning lecture we will focus on discovering techniques to become a safer driver, how to become more active, physically and mentally, and to be more prepared behind the wheel, and gain knowledge on how your body changes while aging and how to compensate for these changes. Join us in the Community Room on April 27th at 1pm to determine if you should still be driving.

May – Nutrition As We Age

As we grow older so does our metabolism. Having the right nutrition is essential to living a healthier life. Please join Laney Medvescek, Wellness Coordinator, to learn more about our digestive system and what we put in to it. Come and learn about what lifestyle changes need to be made to stay happier and healthier. Join us in the Community Room on May 18th at 1pm to learn more about nutrition and living a healthier life.

June – Outdoor Activities

Outdoor recreation has psychological benefits, including the prevention or reduction of stress; improved self-esteem, confidence and creativity; spiritual growth; and an increased sense of exhilaration, adventure and challenge from life. Please join Laney Medvescek, Wellness Coordinator, to learn more about the great outdoors and how it can benefit you. Join us in the Community Room on June 29th at 1pm to learn more about the Benefits of Outdoor Recreation.
Philanthropy at Oakwood: Making the Ordinary Extraordinary!

Charitable giving is a uniquely personal statement - it’s your way of making a difference in those things that are particularly meaningful to you. Did you know that because we are a non-profit organization you can make a contribution or bequest to Oakwood Village? No matter the size, gifts to Oakwood go a long way in making the ordinary extraordinary.

Over the past two years, residents have invested nearly $68,000 in campus projects! Just look at what Oakwood Village and the Mercy Health Foundation have accomplished together:

- Certified Wildlife Habitat
- Enhanced Landscaping
- Campus Benches
- Pond Fountain & Aeration (in process)
- Exercise Equipment
- Patio Furniture (in process)
- Adult Tricycle & Quadricycle
- Charlie’s Theatre
- Community Room Podium
- Granting of Senior Wishes
- Dog Park
- Updated Wellness Equipment
- Kawai Baby Grand Piano

Four donor programs enrich the vibrancy of our campus and the well-being of our residents, now and in the future:

The Heirloom Fund provides a means to support initiatives designed to enhance the grounds of our campus and sustain our Certified Wildlife Habitat.

The Gracious Gifts Program recognizes a special staff member who has made a difference in the quality of life or care of you or a loved one and supports holistic services at Oakwood.

The Gifts from the Heart Annual Appeal focuses on a specific project that benefits the entire Oakwood Village community.

Moments in Time, our newest donor program, celebrates the lives of Oakwood Village residents by helping them revisit a fond memory or fulfill a deeply meaningful dream.

You can make a donation to any of Oakwood’s donor programs to be used for current or new projects; defer your contribution with a planned gift or bequest to establish a legacy for the future; or direct gifts to Oakwood Village to remember, honor, or celebrate a special individual or occasion. For more information about philanthropy at Oakwood, contact Cheryl Hainey at 937-523-6632 or chainey@mercy.com.

— Cheryl Hainey,
Director of Legacy Initiatives

Marty Smith, Betty Birch and Dorothy MacLeod

Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 12</td>
<td>Easter Lunch</td>
</tr>
<tr>
<td>April 15</td>
<td>Breakfast Club</td>
</tr>
<tr>
<td>8:30am</td>
<td>Sr Lt Officer Korge Mori</td>
</tr>
<tr>
<td>April 24</td>
<td>Mobile Mammography</td>
</tr>
<tr>
<td>9:00am</td>
<td>4:00pm - Call 937-523-9332 to schedule your 3D or 2D mammogram.</td>
</tr>
<tr>
<td>April 27</td>
<td>Keeping the Keys Education</td>
</tr>
<tr>
<td>1:00pm</td>
<td>Community Room</td>
</tr>
<tr>
<td>May 1-3</td>
<td>Mother’s Day Special Designer Collector Bid or Buy Silent Auction</td>
</tr>
<tr>
<td>10:00am</td>
<td>4:00pm Community Room</td>
</tr>
<tr>
<td>May 7</td>
<td>Dog Park Opening Celebration</td>
</tr>
<tr>
<td>10:00am</td>
<td>4:00pm</td>
</tr>
<tr>
<td>May 8</td>
<td>Mother’s Day Tea Party</td>
</tr>
<tr>
<td>May 10</td>
<td>Mother’s Day Lunch</td>
</tr>
<tr>
<td>May 18</td>
<td>Nutrition As We Age Education</td>
</tr>
<tr>
<td>1:00pm</td>
<td>Community Room</td>
</tr>
<tr>
<td>May 20</td>
<td>Breakfast Club</td>
</tr>
<tr>
<td>8:30am</td>
<td>Tracey Wickham, Clark County United Senior Services</td>
</tr>
<tr>
<td>May 25</td>
<td>Memorial Day Lunch</td>
</tr>
<tr>
<td>June 17</td>
<td>Breakfast Club</td>
</tr>
<tr>
<td>8:30am</td>
<td>Christina Walters, The Springfield Peace Center</td>
</tr>
<tr>
<td>June 21</td>
<td>Father’s Day Lunch</td>
</tr>
<tr>
<td>June 29</td>
<td>Outdoor Activities Education</td>
</tr>
<tr>
<td>1:00pm</td>
<td>Community Room</td>
</tr>
</tbody>
</table>

All planned events are subject to be changed or cancelled due to the Coronavirus COVID-19.
Oakwood Village: Outdoor Walking Path

American Flag Bench Route:
0.43 miles round trip
approx. 914 steps

Heritage Pointe Route:
0.35 miles
approx. 740 steps

Transitions Rehab Route:
0.63 miles
approx. 1,268 steps