



MERCY HEALTH — SPRINGFIELD CHILDBIRTH EDUCATION CLASSES





CHILDBIRTH EDUCATION

Our **FREE** Childbirth classes are designed to help expecting parents understand:
Pregnancy & Labor, Comfort Techniques,
The Role of the Support Person, Various
Procedures, Newborn & Postpartum Care,
Breastfeeding and include a Tour of our
Springfield Birthing Center Facility.





TO ACCESS CLASS DATES
OR REGISTER FOR CLASSES
scan QR code OR email us at
SRMC-CHILDBIRTH-EDUCATIONCLASSES@MERCY.COM

Mercy Health — SPRINGFIELD BIRTHING CENTER

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