If you have Type 2 diabetes, it's common to have certain skin disorders. About a third of people with diabetes develop skin issues. Even if you haven't been diagnosed with diabetes, some skin conditions might encourage you to get tested for it. Learn more about what these skin conditions look and feel like.

**LOOKS LIKE:** Red, irritated or raised bumps or sores
**FEELS LIKE:** Hot, swollen and painful areas on or under the skin

**LOOKS LIKE:** Burn blisters on forearms, hands, feet or lower legs
**FEELS LIKE:** Usually painless

**LOOKS LIKE:** Many light red or brown scaly patches on skin
**FEELS LIKE:** Slightly itchy or painless

**LOOKS LIKE:** Red or skin-colored raised bumps with uneven or scaly edges
**FEELS LIKE:** Itchy or painless

**LOOKS LIKE:** An open wound or sore that may leak fluid
**FEELS LIKE:** Usually painless

**LOOKS LIKE:** Clusters of hard, yellow bumps surrounded by red rings
**FEELS LIKE:** Itchy but painless

It's important to note that many of these conditions look painful. But because diabetics often have nerve damage, they don't feel the pain these skin problems can cause. That's why it's important to do a visual check for skin changes.

Managing your diabetes is the key to reducing skin problems. When you keep your blood sugar levels stable, it can help rashes, blisters and other issues clear up. Work with your doctor to see how diet, exercise and medications can help you keep your diabetes under control.

**COMMON SKIN DISORDERS FOR DIABETICS**

**BACTERIAL INFECTIONS**

**DIABETIC BLISTERS**

**DIABETIC DERMOPATHY**

**DIABETIC RASH**

**DIABETIC ULCERS**

**ERUPTIVE XANTHOMATOSIS**

**MANAGING DIABETIC SKIN CONDITIONS**

Managing your diabetes is the key to reducing skin problems. When you keep your blood sugar levels stable, it can help rashes, blisters and other issues clear up. Work with your doctor to see how diet, exercise and medications can help you keep your diabetes under control.

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