



GYMNASTICS

Fun, Active Classes for Ages 18 mo. - 5 yrs.

January 6 - February 29

8-Week Session: \$96 Members, \$144 Non-members

Monday	Thursday	Friday	Saturday
9-9:45 am Parent/Child 18 Months - 2 Years			9-9:45 am Parent/Child 18 Months - 2 Years
10-10:45 am Preschool 3 Years	NEW CLASS! 10-10:45 am Preschool 4 - 5 Years	NEW TIME! 10:30-11:15 am Preschool 4 - 5 Years	10-10:45 am Preschool 3 Years

* Registration required at least 24 hours before start of class.

513-624-1871
mercyhealthplex.com

 **MERCYHEALTH**
Anderson HealthPlex

Gymnastics Class Descriptions

PARENT/CHILD CLASSES

18 Months – 2 Years

Parent/Child classes are 45 minutes of music, action and fun. Class begins with a hello song and children playing instruments followed by a warm up and stretching. The class moves into the gymnastics gym for basic skills and parents are introduced to various spotting techniques.

PRESCHOOL AGE CLASSES

3 Years

4-5 Years

Class begins with a warm up that works on fine motor skills with various items including hula hoops, bean bags, scarves and more. Gymnastics skills are practiced on bars, balance beams, mats, tumbling blocks and other pieces of equipment.

Attire Requirements:

- Leotards or loose-fitting t-shirts and shorts.
- No jeans.
- No jewelry.
- Long hair should be secured in a ponytail.

Reserve your spot at the Front Desk or call 513-624-1871.

For More Information, contact Holly Fritz, Kidtown Manager, at 513-233-6752 or hfritz@mercyhealthplex.com.